

## APCM AND CHURCH COUNCIL NOMINATIONS

The APCM on 26 April has been postponed until the Autumn.

**FOODBANK** - Thank you very, very much for all the donations of food and money. Last week we were able to give a total of 750 kilograms to our clients. We are currently very short of meat, long life milk, sugar, carrots and squash.

## THE PRIMETIME PRAYER FORCE

is alive and active, and we will be sending emails of prayer needs to all who let us know their email address so as to pray at home. We look forward to hearing from you! michael-gwenda@uwclub.net

## ARE YOU LOOKING FOR ACCOMMODATION IN NORTH ABINGDON?

Lucy Hefford (6:30 service) who works for Viva in Oxford, is looking for two Christian females to share her flat in the Wootton Road from April. Further information from Lucy lahefford@gmail.com or see her advert on Christian Flat Share [https://www.christianflatshare.org/details.php?id=32523&post\\_type=offered](https://www.christianflatshare.org/details.php?id=32523&post_type=offered).

**THE ARCHWAY FOUNDATION** is looking for someone with a heart for social concern who has experience in managing staff & volunteers and working with adults in a health/social care/charity setting, to be part of a busy, committed, supportive team responding to a diverse range of individuals and needs. Further info: [www.archwayfoundation.org.uk](http://www.archwayfoundation.org.uk) or [office@archwayfoundation.org.uk](mailto:office@archwayfoundation.org.uk) or 01865 790552. Closing date 31 March 2020. Interviews 6 April.

**THE ABINGDON MARATHON** is on 18 October. I know it's months away but please put it in your diary. Lots of volunteers are needed for the day. Please let me know if you would like to get involved and have questions about the event by emailing [sandarwade@yahoo.co.uk](mailto:sandarwade@yahoo.co.uk) or texting on 07804041918. Many thanks, Sandar

## PLEASE PRAY FOR:

- those who are unwell

[LF] Judy Wood, Caroline Craig, Louis Furlong, David Robertson, Rachel Robertson, Logan Mazie (Jane J's great nephew), Cynthia Holland.

[NCR] Janet (Lesley Taylor's sister), Sheila (friend of Vicky Russell), Myrtle Hodgkins, Tom Bewley, Joanna Kilburn, baby Noah (Keith & Ruth Mersh's grandson).

*Please contact the office if you would like your name or a friend or relative's to be included on this list. The name will remain there for six weeks or so. If the need is for continued, long-term prayer support, the name will be added to the monthly prayer diary. Please let the office know when a name can be removed from the list. Thank you.*

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**Church Office [office@cca.uk.net](mailto:office@cca.uk.net) 01235 539172**

Notices now on the web at [www.cca.uk.net](http://www.cca.uk.net), [www.longfurlongchurch.org.uk](http://www.longfurlongchurch.org.uk) and on ChurchSuite.

Follow us on Facebook at "Christ Church Long Furlong"



**Christ Church**  
Northcourt Road & Long Furlong

**"With Jesus, Like Jesus, For Jesus"**

**LENT 5**

**SUNDAY 29 MARCH 2020**

**Be still and know that I am God. Psalm 46:10**

## CHRIST CHURCH TOGETHER

While the congregations across the two Christ Church sites are unable to meet physically during the Coronavirus outbreak, we're producing a joint Christ Church Northcourt Road and Long Furlong newsheet each week.

## CORONAVIRUS – COVID19

We'll continue to put regular updates on the Facebook page, and email out a Coronavirus newsletter regularly. But core messages this week are:

- Please continue to follow the government guidelines on staying at home (allowing for the four exceptions they give), and good hygiene including regular handwashing. We will be livestreaming a service this Sunday, from various homes, at 10:30am. The link is [https://youtu.be/d\\_BVxGhju0](https://youtu.be/d_BVxGhju0)
- The church building is now closed, during the week as well as on Sunday.
- All midweek activities and groups have stopped meeting physically, but some are continuing online.
- The staff team are working from home as much as possible, including Christine and Clint.
- There's a new contact number to get hold of Clint and Christine 07707 850282.
- We're trying to give every church member the opportunity to be part of a Christ Church Network where the members follow a simple pattern of TALK – PRAY – HELP. If you would like to be in a Network, please contact the church [office@cca.uk.net](mailto:office@cca.uk.net) or phone the new office number.
- Food Bank continues to run and is currently open 11am-1pm Tuesdays & Fridays. Food donations can be delivered 10am-1pm on those mornings, or at other times in Abingdon Waitrose.
- The Barns Café is closed until further notice
- Please continue to show the love of Jesus in action through keeping in phone contact with your neighbours and offering help where needed
- If you need help (with food supplies, medicine, wanting to chat with someone), the first point of contact is your Christ Church Network, but many people have also offered help, which can be accessed through emailing [coronahelp@cca.uk.net](mailto:coronahelp@cca.uk.net) or phoning the church office.

Let's continue to pray, and trust in the Lord. You are not alone. He is with us! And he's given us one another to be church family together.

**ALL ON SITE ACTIVITIES – POSTPONED/CANCELLED**

## OLD PERSONS MINISTRY ENABLER

The PCC has agreed to appoint a voluntary part-time O/P Ministry Enabler. This is initially a two-year post, on the staff team, helping the Older Persons Ministries play their part in fulfilling the church vision of being a church family growing as disciples of Jesus. The postholder will work with existing O/P ministries to explore needs, providing oversight, empowering ministry leaders, working with them to review how ministries might develop and be shaped and resourced in the light of the church vision. Please do be praying about this key role. Details on CCA website, closing date 20 April. If you'd like to know more please chat with Keith, Ros or Kath.

## READVERTISING CHURCH ADMINISTRATOR/VICAR'S PA/BOOKKEEPER POST(S)

Is God calling you to take on this exciting opportunity to play a core role in enabling the mission and ministry God is doing through Christ Church. The job description is on the website, [www.cca.uk.net/vacancies](http://www.cca.uk.net/vacancies). Closing date for applications 30 March.

**SUNDAY 29 MARCH 2020, 10.30am**

### Welcome

Phil & Kath Cooke

#### Praise, my soul, the King of heaven;

To His feet thy tribute bring.  
Ransomed, healed, restored, forgiven,  
Who like thee His praise should sing?  
Praise Him! Praise Him!  
Praise Him! Praise Him!  
Praise the everlasting King!

Father-like, He tends and spares us;  
Well our feeble frame He knows;  
In His hands He gently bears us,  
Rescues us from all our foes.  
Praise Him! Praise Him!  
Praise Him! Praise Him!  
Widely as His mercy flows.

Praise Him for His grace and favour,  
To our fathers in distress;  
Praise Him, still the same for ever,  
Slow to chide, and swift to bless.  
Praise Him! Praise Him!  
Praise Him! Praise Him!  
Glorious in His faithfulness.

Angels in the height adore Him;  
Ye behold Him face to face;  
Sun and moon, bow down before Him;  
Dwellers all in time and space.  
Praise Him! Praise Him!  
Praise Him! Praise Him!  
Praise with us the God of grace!

### When a Crisis Hits

Keith Dunnett

### Foodbank interview

Hilary Beale

#### Everyone needs compassion

A love that's never failing  
But let mercy fall on me  
Well everyone needs forgiveness  
The kindness of a Saviour  
The hope of nations

My Saviour  
He can move the mountains  
My God is Mighty to save

He is Mighty to save  
Forever  
Author of salvation  
He rose and conquered the grave  
Jesus conquered the grave

So take me as You find me  
All my fears and failures  
And fill my life again  
I give my life to follow  
Everything I believe in  
And now I surrender  
(I surrender)

Shine your light and let the whole world see  
We're singing for the glory of the risen King  
Jesus  
Shine your light and let the whole world see  
We're singing for the glory of the risen King

**Bible Reading** Mark 4:35-40 Heather Hughes

**Reflection** Ros Steel

#### Response

**In Christ alone** my hope is found,  
He is my light, my strength, my song  
This Cornerstone, this solid Ground  
Firm through the fiercest drought and storm.  
What heights of love, what depths of peace  
When fears are stilled, when strivings  
cease  
My Comforter, my All in All  
Here in the love of Christ I stand.

There in the ground His body lay,  
Light of the world by darkness slain:  
Then bursting forth in glorious day  
Up from the grave He rose again  
And as He stands in victory  
Sin's curse has lost its grip on me,  
For I am His and He is mine  
Bought with the precious blood of Christ

In Christ alone! - who took on flesh,  
Fullness of God in helpless babe.  
This gift of love and righteousness,  
Scorned by the ones He came to save  
Till on that cross as Jesus died,  
The wrath of God was satisfied  
For every sin on Him was laid  
Here in the death of Christ I live.

No guilt in life, no fear in death,  
This is the power of Christ in me  
From life's first cry to final breath,  
Jesus commands my destiny  
No power of hell, no scheme of man,  
Can ever pluck me from His hand  
Till He returns or calls me home  
Here in the power of Christ I'll stand.

#### Blessing